

The following icebreakers are 60-second challenges, often with a chance of breaking a world record (all world records are correct as March 2024).

Get one of the youth leaders to build a three-level house of cards. Next, split the young people into groups and give them a pack of cards each. Give them two minutes to have a go and then nominate one person from each group to take on the challenge. Time them to see who is the fastest.